Autumn / Winter Menu – Week 4

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Selection of wholemeal cereals	Selection of wholemeal cereals	Selection of wholemeal cereals	Selection of wholemeal cereals	Selection of wholemeal cereals
AM Snack:	Children's choice	Children's choice	Children's choice	Children's choice	Children's choice
Lunch Main:	Mild chilli beef bowl with potato wedges	Chicken chow mein	Lamb ragu with penne pasta and vegetables.	Traditional roast	Chicken and leak potato pie with roasted carrots
Lunch Pudding:	Winter fruit salad	Bread and butter pudding	Melon and Pineapple medley	Natural yoghurt with mixed berries	Apple and pear crumble
PM Snack	Children's choice	Children's choice	Children's choice	Children's choice	Children's choice
Tea starter:	Cheese and apple slices	Garlic flatbread	Vegetable sticks and chive dip	Crusty roll with butter	Vegetable sticks hummous
Tea Main:	White fish & vegetable curry with basmati rice	Vegetarian Meatballs with creamy mash and mixed vegetables	Roasted vegetable pasta	Creamy Vegetarian & minestrone soup	Home made pizza with sweetcorn and carrots

We offer a "children's choice" at snack times. Each day children will be given a choice between two snack options, and decide to have them either as AM or PM snack . Vegetarian alternatives are available for each dish prepared. Please note, appropriate adjustments to the menu may occur due to weather or unexpected circumstances.

Please speak to a member of staff if you require any **allergen information** in line with our menus.