Autumn / Winter Menu – Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Selection of wholemeal cereals	Selection of wholemeal cereals	Selection of wholemeal cereals	Selection of wholemeal cereals	Selection of wholemeal cereals
AM Snack:	Children's choice	Children's choice	Children's choice	Children's choice	Children's choice
Lunch Main:	Home made pesto pasta with seasonal veg	Beef stew with dumplins	Tuscan chicken with vegetable rice	Lasagne with peas and sweetcorn	Traditional roast dinner
Lunch Pudding:	Winter fruit salad	Banana and natural yoghurt	Fruit cheesecake bites	Baked cinnamon apples	Fruit yoghurt
PM Snack	Children's choice	Children's choice	Children's choice	Children's choice	Children's choice
Tea starter:	Pepper Batons	Vegetable batons	Prawn crackers and dip	Garlic flatbread	Naan bread
Tea Main:	Turkey koftas in tomato sauce with flatbread	Cheesy pasta with salmon and vegetables	Vegetable chow mein	Chicken and Mushroom pie with new potatoes and vegetables	Vegetable biriyani

We offer a "children's choice" at snack times. Each day children will be given a choice between two snack options, and decide to have them either as AM or PM snack . Vegetarian alternatives are available for each dish prepared. Please note, appropriate adjustments to the menu may occur due to weather or unexpected circumstances.

Please speak to a member of staff if you require any **allergen information** in line with our menus.