Autumn / Winter Menu – Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Selection of wholemeal cereals	Selection of wholemeal cereals	Selection of wholemeal cereals	Selection of wholemeal cereals	Selection of wholemeal cereals
AM Snack:	Children's choice	Children's choice	Children's choice	Children's choice	Children's choice
Lunch starter:	Garlic bread	Crusty bread roll with butter	Cheese and apple slices	Vegetable batons and sour cream dip	Pitta sticks and dip
Lunch main:	Macaroni cheese with sweetcorn and broccoli	Creamy tomato & minestrone soup	Traditional roast dinner	Fish pie with green beans	Chicken and vegetable lentil stew
PM Snack	Children's choice	Children's choice	Children's choice	Children's choice	Children's choice
Tea Main:	Homemade sausage rolls with wedges with seasonal vegetables	Teriyaki chicken with sticky rice and edamame beans	Spaghetti carbonara	Beef & Tomato meatballs with rice	Jacket potatoes with cheese and beans
Pudding	Apple and pear crumble with custard	Melon and pineapple	Fruit yoghurt	Home made banana muffins	Natural yogurt and Berries

We offer a "children's choice" at snack times. Each day children will be given a choice between two snack options, and decide to have them either as AM or PM snack . Vegetarian alternatives are available for each dish prepared. Please note, appropriate adjustments to the menu may occur due to weather or unexpected circumstances.

Please speak to a member of staff if you require any **allergen information** in line with our menus.